



Activity Report

Academic Year: 2025 - 2026

(Mandatory)

Department/ Committee: Tilak Maharashtra Vidyapeeth's Indutai Tilak College of Physiotherapy and Jayantrao Tilak College of Physiotherapy

Name of the activity: Basic life support Workshop (BLS)

Day and Date: 29th September 2025 Time: 8:00 am - 5:00 Pm Venue: Auditorium

Head Of Department : Dr. Mahendra Shende

Coordinator name: Dr. Reshma Nipunge , Dr Ankita Dabshede, Dr. Dhanashree Shinde

CO – coordinator name : Dr. Manasi Deshpande , Dr Aishwarya Ingale , Dr Apurva Vaidya , Dr Bhagyashree Sonwadekar.

Nature of activity (*select appropriate option*): Online/Offline : Offline

(Mandatory)

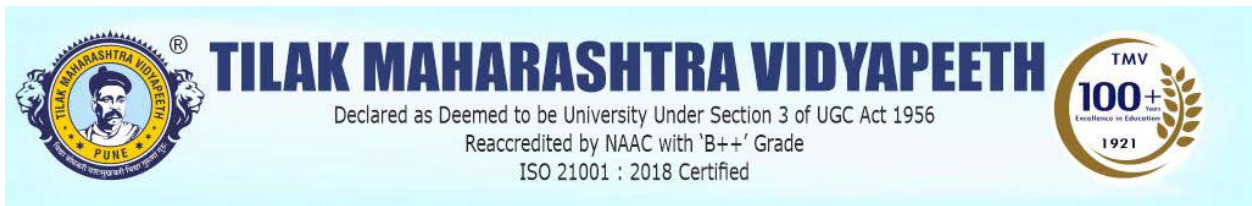
Participants (*select appropriate option*): Students/ Teaching staff/ Non Teaching staff/ Other (*specify*) : Students (3rd, 4th year and MPTs)

Number of Participants: Total: __Male: Female: _____

Chief Guest(s) Name: __Dr. Mandar Akkalkotkar (Resource person)

(Fill if applicable)

Funding (*select appropriate option*): Self-Sponsored, Funded by Government/ Funded by Non-Government agency



Name of funding agency: _Tilak Maharashtra Vidyapeeth' Indutai and Jayantrao college of Physiotherapy

Amount: NIL_

Revenue Generated (Yes/No): (*specify amount* ____NIL____)

(Mandatory)

Activity details

(Fill in details by using as much space as needed)

Topic/subject of the activity: THEME : World Heart day – “Don’t miss a beat ”

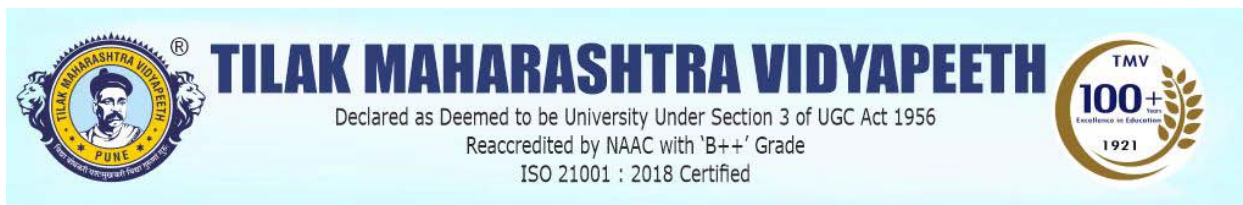
Objectives:

- 1.To learn in depth about BLS
2. To practice CPR techniques with precision
3. To learn how this skill can save lives

Description of activity:

The Basic Life Support (BLS) Workshop was conducted to equip participants with essential life-saving skills required for responding to medical emergencies. The session focused on developing competency in recognizing life-threatening situations, performing high-quality cardiopulmonary resuscitation (CPR), and providing immediate support until advanced medical care becomes available.

The workshop included demonstrations and hands-on practice of adult, child, and infant CPR using manikins. Participants were trained in proper chest compression techniques, rescue breathing, and the correct sequence of the CAB (Circulation–Airway–Breathing) approach.



Training in the use of an Automated External Defibrillator (AED) enabled participants to understand its indications, safety precautions, and step-by-step application during cardiac arrest.

Interactive discussions, visual presentations, and supervised practice ensured that participants gained confidence and competence in emergency response skills.

Specific outcomes:

By the end of the workshop, attendees demonstrated improved readiness to act promptly and effectively in real-life emergency situations, contributing to enhanced community safety and emergency preparedness.

Documentation attached:*(select appropriate option)*

(Documents mentioned in **BOLD** are mandatory to attach)

Pre-event documents:
(approval & planning)

1. Approval letter
2. Guest speaker invitation
3. **NOTICE/ FLYER**
4. Budget sanction
(mandatory if funded).

During event documents:
(event)

5. **SIGNATURE ATTENDANCE OF PARTICIPANTS**
6. **HIGH-QUALITY, GEOTAGGED PHOTOS WITH ACCURATE EVENT TAGGING.**

Post-event documents:
(feedback & reports)

7. **FEEDBACK & FEEDBACK ANALYSIS**
8. Certificate of appreciation
9. Event report
10. Publicity
11. Receipt/ proof of revenue generated

Name of head/ Committee incharge & Signature with date



TILAK MAHARASHTRA VIDYAPEETH

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Reaccredited by NAAC with 'B++' Grade
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Geo tagged Pictures





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29/09/2025 02:22 PM GMT +05:30



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